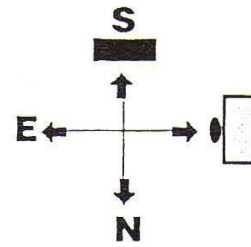




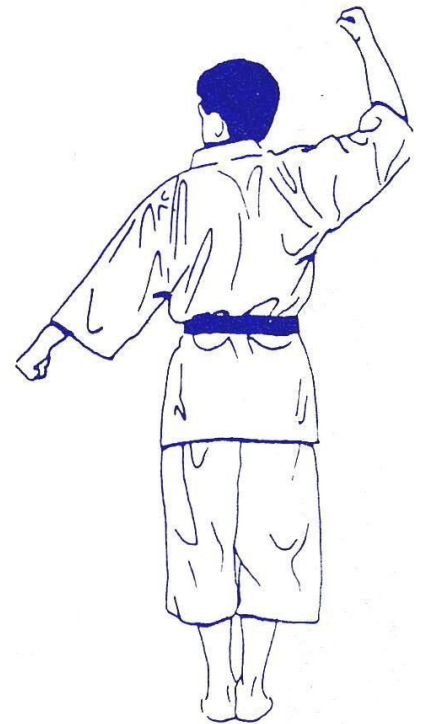
32 - Ko Kutsu Dachi gauche  
Gedan Barai gauche  
Ushiro Uchi Uke droit



32 bis



33 - Ramener le pied gauche  
Heisoku Dachi



33 bis